



COMPAGNIE DES GUIDES DE CHAMONIX MONT-BLANC

CHAMONIX SÉMINAIRES

'A LA CARTE' ACTIVITIES | TEAMBUILDINGS | EVENING ACTIVITIES | CONFERENCES

DISCOVER THE WILD SIDE OF MOUNTAIN



Share unique moments

Reveal your Potential

Realize your Dream

Reinforce Team Spirit

Extend your knowledge

Summer 2025

25 YEARS
OF EXPERIENCE

40
OUTDOOR ACTIVITIES

250
EVENTS PER YEAR

365
A YEAR

700
GUIDES &
INSTRUCTORS

3
PROJECT MANAGERS
AT YOUR SERVICE

For more than 20 years, the 'Chamonix Guide Company' and its incentive department has been creating team building activities accessible to all and dedicated to companies :

- ✓ Fun activities
- ✓ Cultural excursion
- ✓ Sporty Team building challenge
- ✓ Special nights...

Our aim is to get each participant, from the more contemplative to the daring, involved in the activity in a friendly and recreational atmosphere, out of their usual business framework.

Chamonix is our playground,
let us guide you around...



'A LA CARTE' ACTIVITIES

Culture & Excursion

Panorama *Aiguille du Midi*

The most famous cable car in the world reaches the top of the Aiguille du Midi at 3 842 meters in only 20 minutes ! This high-mountain area provides a unique 360° panoramic view over the entire Mont-Blanc massif, Switzerland and Italy.

After a presentation of the many surrounding legendary summits, your guide will share his knowledge on glaciers, local history and tell you about the construction of this incredible cable car.

The 'Step into the Void®' is a technological prowess which promises an unforgettable experience ! With more than a thousand metres of emptiness beneath your feet inside this glass box. Thrills are guaranteed...

Half-day | From 6 people.
All year round | Accessible to all.



Panorama *Helbronner - Italy*

After a short drive through the Mont-Blanc tunnel, we quickly reach 3 462 meters and the 'Pointe Helbronner' with the brand new 'Skyway' cable-car. Its 360° revolving cabins will allow you to enjoy breathtaking views of the Aosta Valley and the Italian side of Mont-Blanc.

At the top, the terrace will offer you a XXL panoramic view on the South side of Mont-Blanc. The tour continues by visiting the Mont-Blanc room: an immense glass wall overlooking Mont-Blanc, and the Crystal room where you can admire the jewels of our mountains...

Half-day | From 6 people.
All year round | Accessible to all.

Panorama *Montenvers – Mer de Glace*

Admire one of the greatest glacier in Europe !

The famous Montenvers rack and pin train takes you to the edge of the Mer de Glace in only 20 minutes ! The Montenvers terrace offers a spectacular view over the Drus peaks, Aiguille Verte, the Grandes Jorasses mountain... The receding action of the Mer de Glace reminds us of the reality of global warming.

It is a perfect place to exchange views and discuss the necessity of a low environment impact.

Half-day | From 6 people.
All year round | Accessible to all.



'A LA CARTE' ACTIVITIES

Hanging on to your dreams!

Rock Climbing

Enjoy a truly natural experience ! Facing Mont-Blanc and Les Bossons glacier, discover new sensations :

In touch with the rock, arise your senses in a sumptuous environment.

Self-control, accuracy and trust in each other will be the key-word of this activity accessible to anyone.

Half-Day | From 6 people | All profile.
From May to October (depending on the conditions)



Via Ferrata

Les Evettes

A beautiful balcony facing the Mont Blanc for your first sensations along the cliff!

Curalla

Monkey bridges, walkways and handrail...
The entire route is a beautiful air balcony crossing the cliff & overlooking the Arve Valley with a spectacular backdrop:
The Mont Blanc!

Half-Day | From Mid-June to Mid-September
From 6 persons | Not for people with vertigo



Accro' Park – Les Gaillands

A great adventure in a breathtaking environment to discover new sensations ! Come and enjoy our « tree adventure park » with more than 70 stations : 260-meter zip-line, Himalayan bridges, pendulums... Try our different circuits, first-timer to expert loop with permanent life-line for maximum safety.

Half-Day | From 6 people | All profile.
From April to November (depending on the conditions)



'A LA CARTE' ACTIVITIES

Let's get wet! (white waters)

RIVER RAFTING

A truly original way to discover the Chamonix valley !
Join us for a gentle approach to the joys of rafting during
an 8 km ride down the river "Arve".

Along the way, you will enjoy exceptional views facing
the Mont-Blanc range.

A team to compete against and a paddle for each boat
member will result in a real challenge !

Outdoor oriented adventurers or curious nature lovers ...
rafting is made for you !

Unique in the valley, our water-sports head-quarters is
ready to welcome you and provide all necessary
equipment.

2 Hours | From 6 people

From May to October (depending on condition)

All profile | people must know how to swim



CANYONING

Experience an exceptional element !

Swimming down and diving into mountain creek pools, surrounded
by forest, supervised by a qualified canyoning guide ...

Jumps, slides, abseiling, waterfalls ... a fabulous and challenging
playground to share with colleagues !

Half-Day | From 6 people

From May to October (depending on the conditions)

All profile | people must know how to swim



HYDROSPEED

Discovery ride !

Swim down the white waters of the Arve River
equipped with floaters and flippers.
A descend of 6km on the Arve river.

Half or full day | From 6 people

From June to September (depending on the conditions) |

All profile



'A LA CARTE'

Have a break...

MOUNTAIN & ELECTRIC *BIKING*

At your own pace, enjoy everything about mountain biking !
From a gentle to a more technical ride, the Chamonix valley offers unique panoramas and numerous mountain-bike trails to suit your rhythm !
With the electrical assistance, mountain biking becomes affordable for everyone, you will go further and faster!

Half-Day | From 6 people
From May to October | All Profile.



HIKING

If you need a bowl of fresh air between meetings, a hike is ideal to come into contact with nature's uplifting power.

We can plan a rather active hike or a more relaxing walk.

Through the vast potential of the Chamonix valley, our mountain leaders will guide you along the most beautiful trails and reveal the secrets and history of our valley.

Half-Day or Full-Day | From 6 people
From May to October | All profile.



PARAGLIDING

Discover the Chamonix valley from the sky !
Fly with a magnificent view over the Chamonix valley and the Mont-Blanc range. Without feeling dizzy, you will discover the sweet and amazing sensation of slipping into the air ...

A unique experience that you will not forget !

2 Hours | From 1 to 20 people
All year round | All profile.



'Teambuilding'

Nowhere Else

GLACIER HIKE « MER THE GLACE » ALT. 1913 M

The famous Montanvers cog train leaves from Chamonix and takes you to the edge of Mer de glace in only 20 minutes!

After climbing down the ladders, the group will hike on Mer de Glace in a turquoise labyrinth of ice, meandering between ice towers and crevasses under legendary peaks such as the Drus, Aiguille Verte, Grandes Jorasses. An introduction to alpine techniques is also available : practice ascending ice walls using ice axes, and rope-up for a thrilling walk between crevasses ... By the end of the day, crevasses, glacier moraines and ice tables will seem so familiar !

Full-Day | From 6 people
From May to October | For dynamic people



GLACIER HIKE « COL DU GEANT » ALT. 3500 M- ITALY

Introduce your staff and co-workers to high-mountaineering !

After a short drive through the Mont-Blanc tunnel, we quickly reach 3 462 meters and Helbronner peak with in cable-car.

The XXL panoramic view of the south side of Mont Blanc is wilder and almost Himalayan looking. One can also admire the less famous South face of the Grandes Jorasses and of course Mer de glace in its entire length.

During this easy snowshoe hike, you will have plenty of time to emerge yourself into this gigantic and marvelous environment made of rock and snow.

If you feel out of breath, it is probably because of the altitude...

or is it from the views ?

Full-Day | From 6 people
From May to October | All profile.



'Teambuilding'

Just have fun!

Cham' Trophy

Nestled between forest and lakes, the charming outdoor area of

« Les Gaillands » provides a perfect set up for developing communication-enhancing games, team-spirit building activities and goal achievement challenges.

This dynamic challenge revolves around rope-handling ; it includes a zip-line above a lake, an introduction to rock-climbing, via-cordata and abseiling.

Half-Day | From 20 people
From May to November | All profile.



Biathlon Challenge

Enjoy Nordic sports in summer and try your hand at Biathlon !

After an introduction to mountain bike, we will give the start of this challenge :

a run in mountain bike where you will have to show quickness and endurance and then rifle shooting, on a real shooting range, where precision & concentration will be the key words to challenge the other !

Ranking and presentation of prizes to the winner sharing a drink.

Half-Day | From 20 to 50 people
From May to November | For dynamic people



'Teambuilding'

Role play

'Into the Wild' Challenge

You will be left to your own devices after a short briefing and few instructions. Your mission : find your way and join the main 'Base Camp' with your crew... Each team will have a survival kit : you'll have to orientate yourself, find pieces of information and face survival challenges during the adventure...

A program designed to improve staff cohesion, group communication and to develop partnership skills.

In the heart of a preserved nature, let's stimulate your team spirit...

Half-Day | From 8 to 80 people
All year | Accessible to All



'Premier de Cordée' Challenge

Chamonix : the birthplace of mountaineering, legendary summits and big ascents! Imagine yourself in Chamonix to achieve the famous Mont-Blanc ascent ...

You will elect your guide or lead climber and prepare your team for this special adventure ! You will have to collect equipment for such an ascent as well as valuable information, and prove yourself on typical mountain workshops...

Half-Day and evening | From 20 to 70 people
All year | Accessible to All

'Teambuilding'

Rallys

NATURE CHALLENGE

A fun and original way to enjoy Nature !

Thanks to a road book and a compass, each team has to find pointers hidden in the forest. Success will depend on decision-making, action-strategy,

time and information management.

Half-Day | From 10 people
All year round | All profile.



FROM CHAMOUNY TO CHAMONIX

Perfect between meetings, appropriate just before dinner, this original way to learn about Chamounix is available any time during the day.

Hidden all over the town center, this is a fun search to find enigmas revealing typical and historical aspects of today's mountaineering world capital!

The teams will have a cultural questionnaire during this walking rally, local product tasting session as well as other fun workshop... Finally, after this 'Chamonix quiz' through the town center, enjoy a nice glass of "vin chaud" that will put you in a good mood for the night!

Half-Day | From 10 people
All year round | Accessible to All



'Special Nights'

Cosy

MOONLIGHT ADVENTURE

A pleasant time in a friendly atmosphere during this unusual and exciting evening !

After a walk into meadows and forest, try our delicious « vin chaud » in a cosy atmosphere around the light of burning torches ...

You will then enjoy a typical « Savoyard » meal in a small and charming restaurant of the Chamonix valley.

Evening | From up to 6 people
All year round | Accessible to All



NIGHT AT THE *LORIAZ HUT*

An evening to help you recharge your batteries and relax!
After 700m of ascent through the forest, we reach this old mountain pasture, located at 2020 m altitude and in the end of the Aiguilles Rouges massif.

You will feel alone on Earth, facing an exceptional panorama over the famous Aiguille Verte and the Mont-Blanc.

Afternoon + night + morning | 6 to 24 people.
From June to September (depending on opening of refuge) | All profile.

Conferences & Meetings

Let's talk about alpinism ...

The 'Compagnie des Guides' spirit & the business industry : a surprising parallel!

Screening of our movie « Guides & Cie » translated in English.
You will discover incredible views and summits, High quality scenes on the "Mountain Guide job". Quite unexpectedly you'll notice that there are few common values linking those 2 very different world...
Speech of a High Mountain Guide & free discussion.

Few different conference options available.

Awareness of Global warming & Impact on our Glaciers

Conference with Ludovic Ravel, doctor in geomorphology and member of the Compagnie des Guides. Ludovic received several awards for his thesis on mountain rock collapse and regularly gives speeches at the Montanvers site to explain the impact of global warming on our glaciers.
A fascinating conference not to be missed...

Your Summit Meeting

- MONTANVERS 'SALON MER DE GLACE' - 1 913 M
Room for about 70 people.
- COSMIQUES HUT - 3613M
Room for 30 people (video projector and computer available at the shelter).
- AIGUILLE DU MIDI - 3842M
Room for 26 people (video projector and computer available at the shelter).
- SKYWAY MONTE-BIANCO IN ITALY - 2773M
Auditorium of 150 people.
Room for 30 people (video projector and computer available at the shelter)

A contemplative activity or a glacier hike can be organized before or after the meeting.





LA MONTAGNE VERSANT SAUVAGE



Crédits photo
Compagnie des Guides de Chamonix : Eric Courcier, François-Eric Cormier, David Ravanel
Maison de la Montagne : OT Chamonix | Morgane Raylat
Aiguille du Midi : OT Chamonix | Salome Abrial & Compagnie du Mont-Blanc
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Helbronner : Skyway | Antonio Furingo
Refuge de la Loriaz

www.chamonix-seminaires.com | info@chamonix-seminaires.com | +33 4 50 53 62 62